



Begins: April 14, 2009

Ends: May 23, 2009

We challenge you to join our English Pastor on his journey with God—for a great move of God in our English Congregation!

40 Day Fast

In the past few months, the Lord has been blessing and moving in our English congregation. We have experienced a degree of personal growth. Our church services have been good and the presence of God felt, but I would always leave with the feeling of *God has more for us*. A statement I found myself saying frequently after many church services from the pulpit was, *"We are on the verge of a break through!"* After a while, I was asking God, *"When will the break through come?"* Then God began to impress in me that I needed to fast. I normally fast once a week but it was clear that God was not talking about that. The impression was a 40 day fast. An extended time of sacrifice and discipline. I began to research 40 day fasts and the more I read, the more I realized this is what God wants me to do for the *"Break through"*.

The Lord has not revealed to me if I will be experiencing a personal break through or a corporate break through. The direction I have at this time is to fast 40 days for the English congregation of the Central Apostolic Church.

Over the past month I have been preparing my body for the journey. I began to eat much less than I normally have. Then I changed my eating habits and got away from processed foods and carbohydrates. After that I limited how many times I ate a day.

I am now on the verge of beginning the 40 day fast and instead of dread, I feel very excited and have great anticipation of what God will do on this journey.

Peace,

Bro Bruno

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<http://www.cacsj.org/e-fasting.html>

Business Name

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

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